SKILLED NURSING FACILITY

Highlands Rehabilitation and Wellness Center

BIRMINGHAM, AL 35215

ABOUT

Highlands Rehabilitation and Wellness Center is a skilled nursing facility in Birmingham, Alabama 35215, providing skilled nursing care for individuals who require ongoing medical support, nursing supervision, and assistance following hospitalization, surgery, illness, or injury.

For individuals and families searching for skilled nursing care Birmingham, Highlands Rehabilitation and Wellness Center is a facility option located in the 35215 area of Birmingham. A Skilled Nursing Facility (SNF) provides a supervised healthcare setting for patients who require continued nursing care or support beyond what can typically be provided at home.

Patients researching SNF in Birmingham, post-acute care Birmingham, or a nursing facility Birmingham can use this listing to find essential facility information and contact details. Skilled nursing care may include nursing supervision, medication management, medical monitoring, rehabilitation, therapy, wound care, and assistance with daily activities, depending on the patient's needs and the services available at the facility.

Highlands Rehabilitation and Wellness Center may also be relevant to individuals searching for a rehabilitation facility in Birmingham following a hospital stay or other medical event. Contacting the facility directly is recommended to confirm current services, admissions requirements, availability, insurance information, costs, and facility tour options.

SERVICES

- Skilled nursing care
- Rehabilitation therapy
- 24-hour nursing

CONTACT

Phone +1 (205) 854-1361

Address 733 MARY VANN LANE, BIRMINGHAM, AL 35215

uborahealth.com

Details are drawn from published provider data and may change. Confirm availability, services and costs with the provider directly.

Ubora Health

VISIT CHECKLIST

Highlands Rehabilitation and Wellness Center

Take this with you. Tick what you see, write down what you are told, and ask the same questions everywhere so visits can be compared afterwards.

WHAT TO LOOK FOR

- [ ] Is the building clean and free of odour?
- [ ] Are residents up, dressed and engaged?
- [ ] Do staff speak to residents by name?
- [ ] How long do call bells ring before someone comes?
- [ ] Are bathrooms accessible, with grab rails?
- [ ] Is there safe outdoor space residents can use?
- [ ] Did you eat a meal, and was it good?
- [ ] Were you shown the actual room, not a model?

WHAT TO ASK

- [ ] What is the staff ratio, day, evening and overnight?
- [ ] How many staff are awake overnight?
- [ ] What was staff turnover last year?
- [ ] What is included, and what costs extra?
- [ ] What would trigger a fee increase?
- [ ] What would mean my relative has to leave?
- [ ] How and when will you contact me?
- [ ] May I see the last inspection report?

NOTES

Date visited / spoken: _____ Full listing: https://www.uborahealth.com/care-centers/highlands-rehabilitation-and-wellness-center-015134