

MEMORY CARE

ARDEN COURTS OF STERLING HEIGHTS

11095 Fourteen Mile Rd, Sterling Heights, MI 48312

ABOUT

ARDEN COURTS OF STERLING HEIGHTS is a memory care community in Sterling Heights, Michigan 48312, providing memory care for older adults in the Sterling Heights area.

For individuals and families searching for memory care Sterling Heights, ARDEN COURTS OF STERLING HEIGHTS is an option serving the 48312 area of Sterling Heights. Memory care is a specialised residential setting for people living with Alzheimer's disease or another form of dementia. It offers a secure, structured environment with staff trained in dementia care, layouts designed to reduce confusion, and routines built to support memory and reduce distress.

Families researching Alzheimer's care Sterling Heights, dementia care Sterling Heights, or senior care Sterling Heights can use this listing to find the community and make contact. Memory care communities typically provide round-the-clock supervision by dementia-trained staff, secured entrances and outdoor areas, help with all personal care, medication management, and therapeutic activities intended to support cognition, routine and engagement. Families are usually involved in building the individual care plan.

ARDEN COURTS OF STERLING HEIGHTS may also be relevant to families comparing memory care options across Sterling Heights and the wider Michigan area. Contacting the community directly is recommended to confirm current availability, pricing, the levels of care offered, and whether it suits the individual's needs.

SERVICES

Secured dementia care

Trained staff

Structured daily routine

CONTACT

Phone +1 (586) 500 5238

Web [www.arden-courts.com/communities/sterling-heights?](https://www.arden-courts.com/communities/sterling-heights?utm_source=google&utm_medium=organic&utm_campaign=gmb)
[utm_source=google&utm_medium=organic&utm_campaign=gmb](https://www.arden-courts.com/communities/sterling-heights?utm_source=google&utm_medium=organic&utm_campaign=gmb)



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Full listing: <https://www.uborahealth.com/care-centers/arden-courts-of-sterling-heights-48312>

Details are drawn from published provider data and may change. Confirm availability, services and costs with the provider directly.

ARDEN COURTS OF STERLING HEIGHTS

Take this with you. Tick what you see, write down what you are told, and ask the same questions everywhere so visits can be compared afterwards.

WHAT TO LOOK FOR

- ☐ Is the building clean and free of odour?
- ☐ Are residents up, dressed and engaged?
- ☐ Do staff speak to residents by name?
- ☐ How long do call bells ring before someone comes?
- ☐ Are bathrooms accessible, with grab rails?
- ☐ Is there safe outdoor space residents can use?
- ☐ Did you eat a meal, and was it good?
- ☐ Were you shown the actual room, not a model?

WHAT TO ASK

- ☐ What is the staff ratio, day, evening and overnight?
- ☐ How many staff are awake overnight?
- ☐ What was staff turnover last year?
- ☐ What is included, and what costs extra?
- ☐ What would trigger a fee increase?
- ☐ What would mean my relative has to leave?
- ☐ How and when will you contact me?
- ☐ May I see the last inspection report?

NOTES

Date visited / spoken: _____ Full listing: <https://www.uborahealth.com/care-centers/arden-courts-of-sterling-heights-48312>