

ASSISTED LIVING

THE HAVEN AT LA MESA

La Mesa, CA

ABOUT

THE Haven AT LA Mesa is an Assisted Living community located at 8585 La Mesa Blvd, La Mesa, CA 91942. Residents have access to a range of amenities including Private bathroom, Cable TV, Kitchenette, and Telephone, along with dedicated support services such as Housekeeping and Move-in coordination to help residents live safely and comfortably.

SERVICES

Help with daily activities

Medication support

Meals and housekeeping

CONTACT

Phone +1 (833) 901-2846**Web** thehavenlamesa.com/?rcstdid=Mg==YRjTEizZPgM=&utm_source=GMB&utm_medium=organic**Address** 8585 La Mesa Boulevard, La Mesa, CA, 91942

uborahealth.com

Full listing: <https://www.uborahealth.com/care-centers/the-haven-at-la-mesa-91942>

Details are drawn from published provider data and may change. Confirm availability, services and costs with the provider directly.

THE HAVEN AT LA MESA

Take this with you. Tick what you see, write down what you are told, and ask the same questions everywhere so visits can be compared afterwards.

WHAT TO LOOK FOR

- ☐ Is the building clean and free of odour?
- ☐ Are residents up, dressed and engaged?
- ☐ Do staff speak to residents by name?
- ☐ How long do call bells ring before someone comes?
- ☐ Are bathrooms accessible, with grab rails?
- ☐ Is there safe outdoor space residents can use?
- ☐ Did you eat a meal, and was it good?
- ☐ Were you shown the actual room, not a model?

WHAT TO ASK

- ☐ What is the staff ratio, day, evening and overnight?
- ☐ How many staff are awake overnight?
- ☐ What was staff turnover last year?
- ☐ What is included, and what costs extra?
- ☐ What would trigger a fee increase?
- ☐ What would mean my relative has to leave?
- ☐ How and when will you contact me?
- ☐ May I see the last inspection report?

NOTES

Date visited / spoken: _____ Full listing: <https://www.uborahealth.com/care-centers/the-haven-at-la-mesa-91942>