

## ASSISTED LIVING

**STERLING SENIOR LIVING 3**

Carson, CA

**ABOUT**

Sterling Senior Living 3 is an Assisted Living community located at 1200 W 226th St, Torrance, CA 90502. Residents have access to a range of amenities including Telephone, Furnished, Garden, and Movie nights, along with dedicated support services such as Housekeeping and Move-in coordination to help residents live safely and comfortably.

**SERVICES**

Help with daily activities

Medication support

Meals and housekeeping

**CONTACT****Phone** +1 (424) 477-5657**Address** 23025 Nicolle Avenue, Carson, CA, 90502

uborahealth.com

Full listing: <https://www.uborahealth.com/care-centers/sterling-senior-living-3-90502>

Details are drawn from published provider data and may change. Confirm availability, services and costs with the provider directly.

## STERLING SENIOR LIVING 3

Take this with you. Tick what you see, write down what you are told, and ask the same questions everywhere so visits can be compared afterwards.

### WHAT TO LOOK FOR

- ☐ Is the building clean and free of odour?
- ☐ Are residents up, dressed and engaged?
- ☐ Do staff speak to residents by name?
- ☐ How long do call bells ring before someone comes?
- ☐ Are bathrooms accessible, with grab rails?
- ☐ Is there safe outdoor space residents can use?
- ☐ Did you eat a meal, and was it good?
- ☐ Were you shown the actual room, not a model?

### WHAT TO ASK

- ☐ What is the staff ratio, day, evening and overnight?
- ☐ How many staff are awake overnight?
- ☐ What was staff turnover last year?
- ☐ What is included, and what costs extra?
- ☐ What would trigger a fee increase?
- ☐ What would mean my relative has to leave?
- ☐ How and when will you contact me?
- ☐ May I see the last inspection report?

### NOTES

Date visited / spoken: \_\_\_\_\_ Full listing: <https://www.uborahealth.com/care-centers/sterling-senior-living-3-90502>