ASSISTED LIVING

Greenbrier Senior Living

3107 Timberlake Dr, Vestavia Hills, AL 35243

ABOUT

Greenbrier Senior Living is an assisted living community in Birmingham, Alabama 35243, providing assisted living for older adults in the Birmingham area.

For individuals and families searching for assisted living Birmingham, Greenbrier Senior Living is an option serving the 35243 area of Birmingham. Assisted living is a residential setting for older adults who are largely independent but want help with everyday tasks such as bathing, dressing, medication reminders, meals and housekeeping. Residents have their own apartment or room, with staff on site around the clock and shared spaces for dining and activities.

Families researching assisted living facility Birmingham, senior living Birmingham, or senior care Birmingham can use this listing to find the community and make contact. Assisted living communities typically provide personal care assistance, medication management, three daily meals, housekeeping and laundry, transport to appointments, and a programme of social and recreational activities. Levels of care are usually set by an individual assessment and can be increased as a resident's needs change.

Greenbrier Senior Living may also be relevant to families comparing assisted living options across Birmingham and the wider Alabama area. Contacting the community directly is recommended to confirm current availability, pricing, the levels of care offered, and whether it suits the individual's needs.

SERVICES

- Help with daily activities
- Medication support
- Meals and housekeeping

CONTACT

Phone +1 (205) 278 3050

Web https://greenbrierseniorliving.com/contact-us/

uborahealth.com

Details are drawn from published provider data and may change. Confirm availability, services and costs with the provider directly.

Greenbrier Senior Living

Take this with you. Tick what you see, write down what you are told, and ask the same questions everywhere so visits can be compared afterwards.

WHAT TO LOOK FOR

- [ ] Is the building clean and free of odour?
- [ ] Are residents up, dressed and engaged?
- [ ] Do staff speak to residents by name?
- [ ] How long do call bells ring before someone comes?
- [ ] Are bathrooms accessible, with grab rails?
- [ ] Is there safe outdoor space residents can use?
- [ ] Did you eat a meal, and was it good?
- [ ] Were you shown the actual room, not a model?

WHAT TO ASK

- [ ] What is the staff ratio, day, evening and overnight?
- [ ] How many staff are awake overnight?
- [ ] What was staff turnover last year?
- [ ] What is included, and what costs extra?
- [ ] What would trigger a fee increase?
- [ ] What would mean my relative has to leave?
- [ ] How and when will you contact me?
- [ ] May I see the last inspection report?

NOTES

Date visited / spoken: _____ Full listing: https://www.uborahealth.com/care-centers/greenbrier-senior-living-35243